

Hello, and I hope everyone is off to a great start in the new year. With a recession talk in the news practically every day, I thought it would be good to share a fun stat with you. According to the National Bureau of Economic Research, going back post World War II, recessions tend to only average 10 months in length, and then the expansion following that recession on average will last about 64 months.

So the nice thing about this statistic is that usually we need a recession or a downturn in the market to set the stage for the next bull market. So let's go ahead and see if we can stand the rain a little bit longer and sunny days should be following once we get through it.